



## ~ DECEMBER'S THEME: NURTURE THE HUMAN SPIRIT ~

### Featured Ethical Action—Annual Uganda Humanist Schools Fundraiser!

Thanks to everyone who participated in last month's featured Ethical Action at our annual Thanksgiving Service "Platform." The whole community participated in a dozen projects all over the building and outside.

This month's Featured Ethical Action is the Uganda Humanist Schools project. Come to Platform on Sunday, December 2 to hear about the progress of the schools and their students, stay for our Ugandan lunch after-

ward, and make a donation of whatever size you can to help raise a young woman out of poverty and support the spreading of Humanist values in Uganda.

**Sunday, December 2, 11 a.m.**

**"Nurturing the Humanist Spirit Abroad"; Kate Lovelady, Leader**

**Music: Community Singing**

Come hear and see what's going on with the Uganda Humanist Schools and how the Ethical Society is helping Ugandan humanists transform young lives and lift up an entire community.

**First Sunday Lunch: Fundraiser for the Uganda Humanist Schools**

After Platform is our annual pay-what-you-want fundraising lunch for the Uganda Humanist Schools. The Ethical Society community currently supports 30 female high-school students with full boarding scholarships (\$480/yr), as well as additional projects. The lunch is a Ugandan cornmeal with

peanut sauce and kale meal similar to that which our students might eat. If you would like to make a donation but cannot attend the lunch, or would like to make an additional donation, please contact Kate Lovelady at [klovelady@ethicalstl.org](mailto:klovelady@ethicalstl.org).



**Sunday, December 9, 11 a.m. Platform**

**"Food for the Humanist Soul"; James Croft, Outreach Director**

**Music: Ethical Society Member Band**



For millennia, the idea that human beings have a supernatural "soul"—a spirit inside us which is more than simply matter—has played a central role

in religious and spiritual traditions. But even if, like many Humanists, you do not believe that you have a literal "soul," you might still use the word in a metaphorical sense, or talk about "soul music" or "soul food." What do these words mean, then, and what might an Ethical Humanist under-

standing of "soul" look like? How can we feed our Ethical Humanist "souls"?

~

The **Platform Flowers** this Sunday are dedicated to **Joyce Best**: In honor of 90 creative and loving years—Your Family

# Ethical Connection December 2018

---

## Sunday, December 16 **No Morning Programs**

**4:30 p.m. Good Cheer Potluck**

**6:15 p.m. Winter Festival Evening Platform**

**Music: Ethical Voices Chorus and Community**

Our Good Cheer Celebration and Potluck Dinner is a wonderful gathering for families and friends. Please join us for an evening of good company, food, and music. We begin with punch (BYOB) at 4:30 followed by potluck dinner at 5:15. At 6:15 we adjourn upstairs for the program and return downstairs for cider, cookies, singing, and a special guest. If you play an instrument and would like to join Bob Heck on the piano, please bring your instrument and join in.

If you have children, be sure they are registered by the downstairs main door. Suggested donation to cover extra food and expenses: adults \$3; children (7-12 ) \$1; 6-year-olds and under free.

### **Food Assignments by Last Names:**

- ◆ **Main Dish:** L-Z (no soups please; we do not provide bowls)
- ◆ **Salad or Side:** F-K
- ◆ **Dessert:** A-E

Potluck guidelines: Couples, please bring a dish to serve 8; single folks, please bring a dish to serve 4; etc. Put your name on your dish and bring a card with ingredients for those with food allergies. There will be, as usual, a separate place for vegan dishes.

Elves are needed to help in all areas of Good Cheer—see article below on how to participate in the fun.

## **Good Cheer Elves Needed—Sign Up Now!**

Our annual holiday celebration and potluck is coming soon, and recruitment is underway for elves. There are many opportunities to volunteer: We need elves on Saturday morning, Sunday late afternoon,

and Monday morning (to take down decorations). Jobs include setting tables, decorating the tree, lighting the luminaries, preparing and serving the desserts and cider, calling tables, registering children for San-

ta (and we still need a Santa), handing out candles, and more. If you can help in any way, please contact Donna Kniest (314.712.3569; [Donnakniest@gmail.com](mailto:Donnakniest@gmail.com)).

## **Sunday, December 23 the Society will be closed. —Happy Holidays!**

**Sunday, December 30, 11 a.m. Platform**

**“City Faces”; Bob Hansman**

**Music: Music Videos by Artists We Lost in 2018**



In 1994 Bob Hansman began City Faces for children in Clinton-Peabody Public Housing, then something of a hotbed of Bloods (and Crips) activity. In 1996 he

opened a studio there, which has by now been populated by two generations of kids in the projects as well as hundreds of Washington Univer-

sity volunteers. In 2002 he adopted his son Jovan; the two of them have been the subject of national television and magazine coverage and the recipients of numerous awards. In 2017 Bob and Jovan illustrated a book of poems about immigration—*Traveling the Blue Road: Poems of the Sea*, which has won recognition from the National Associations of Teachers of English and Social Studies.

**Bob Hansman** is a child of the sixties. He got to meet Coretta Scott King and Julian Bond, and was sitting just yards from Bob-

by Kennedy when he announced his run for the presidency. He also got beat up (and his lawyer’s office got pipe-bombed) by the Ku Klux Klan. Years later he began teaching at both Washington University and the Clinton-Peabody housing projects. Those two threads have been weaving in and out ever since. In 2017 he published a book about Pruitt-Igou. Locally, Bob has received a Rosa Parks Award and a Dred Scott Freedom Award from Dred and Harriet Scott’s great-great-granddaughter.

## **Bad Weather Policy**

Decisions to close the Society building are based on MoDoT and weather warnings. Whenever possible, cancelation of Sunday meetings will be made the night before to

get the word out to everyone. Sunday cancellations will be shared through the Ethical Society website and Facebook page; channels 2, 4, and 5 (and their websites);

in an email to the membership; and on the “events” extension on the Society phone system (314-991-0955 x 224).

## 9:45 Forum on December 2 and 9—For the Sake of All Workshops

“Faith and For the Sake of All” is a program that educates local congregations about disparities in health and other life outcomes between African American and white communities in St. Louis, and engages

them in reflection and action to address those disparities. This series of two connected workshops will introduce the data showing the ways in which African American communities in the region are underserved,

and will explore how our Ethical Humanist tradition calls us to take action. For more information, see [forthesakeofall.org](http://forthesakeofall.org).

## Being Human Class Begins January 8

Who am I? Why am I here? What’s going on? All of us ask these questions sometime in our lives. Ethical Humanism’s answers are drawn from a rich tradition of thought throughout the ages. Ethical Humanists seek to infuse our lives with a set of values,

without looking to a single text or teacher for answers—we create those answers for ourselves. This weekly 8-session class (Tuesdays 6:30-8:30 p.m.) explores the biggest questions in life. Each session includes a short presentation, guided discus-

sion, and a simple “homework” activity. Classes are limited to 15 participants. For information and sign-up, contact James Croft, [jcroft@ethicalstl.org](mailto:jcroft@ethicalstl.org).

## Great Books Discussion Group—Even Deadlier!

Great Books discussion group meets second Tuesdays, 7:30 p.m. in the Hanke Room, through May. **December 11**, we will discuss two short stories on the sin of sloth: “Babylon Revisited” by F. Scott Fitzgerald and “The Custard Heart” by Dorothy Parker.

This year we are using the anthology *Even Deadlier*, a sequel to *The Seven Deadly Sins Sampler*. It contains two short stories on each of the seven deadly sins. Buy the anthology through the [Great Books Foundation](http://GreatBooksFoundation.org) or from the Ethical Society office for \$20. (Books are on the file cabinets in the

office; please place payment in the mailbox of Nancy Jelinek.) For more information please contact Alan Easton. [ameast89@yahoo.com](mailto:ameast89@yahoo.com).

## How We Can Support the 2018 Ethics in Action Award Organization, Casa de Salud

In October, the Ethical Society presented our annual Ethics in Action Award to Jorge Riopedre, President of Casa de Salud. The mission of Casa de Salud is to facilitate and deliver high-quality clinical and mental health services for uninsured and underinsured patients, focusing on new immigrants and refugees who encounter barriers to other sources of care. Jorge has shared with us how members and friends of the Ethical Society can further support this organization:

Volunteers are needed in any and all medical fields, including doctors, nurses, physical therapists, and mental health professionals. Casa is starting a new dental program and especially needs dentists and hygienists. Casa provides insurance coverage and translators. For more information, see <https://casadesaludstl.org/volunteers/licensed-medical-professionals/> or contact Kate Lovelady.

Not a medical professional but want to help Casa de Salud? Friends of Casa is a friendly group that organizes fundraisers and social events and otherwise supports the clinic’s mission. See <https://www.facebook.com/friendscasadesalud/> for more information and upcoming events.

## Creating Sustainable Health Habits (and Saying “No” to Diets and Resolutions)

By mid-February, 80% of our New Year’s diet and exercise resolutions will have fallen by the wayside. What makes for habit shifts that last? And how do we move away from resolution-making mentality?

Sunday, January 13, 12:15 p.m. in the Butterfly Room, learn why diets don’t work and how a health-focused mindset triumphs. You can also find out about a paid ongoing whole health and weight loss sup-

port group starting late January facilitated by certified whole health coach and fitness trainer, member Gayle Rose. Make health changes together!

## A Request from the Youth Group—Silent Auction Items Needed for February

During our annual dinner dance on February 9, the Youth Group will hold a Silent Auction, to replace other fundraising activities and allow more time for service projects. Youth Group fundraising helps offset costs for the annual Youth of Ethical Socie-

ties conference, which can be significant especially for families with multiple Youth Group members. Do you have something you can contribute to our silent auction? A timeshare you’re willing to share one time, a talent you’re willing to offer lessons in or

contribute objects from, gift baskets, art, gift cards, a business contribution? We will greatly appreciate any contributions. If you have something you wish to offer please contact Youth Group Advisor Dennis Roach at [dennis.roach6@gmail.com](mailto:dennis.roach6@gmail.com).

# Ethical Connection December 2018

---

## TWA Talk

The Tuesday Women's Association (TWA) meets in the Becker Room (except where noted) on Tuesdays from 10 a.m. until after noon, August through June. After the morning programs, all are invited to stay for a brown-bag lunch followed by news of members, roundtables, and/or mah jongg at 12:30 p.m.

**December 4:** [rescheduled from November] "Evaluation of State Elections and

Ballot Issues"—Pam Ross, Trustee, St. Louis Community College Board; previous Chief of Staff to the President of the St. Louis Board of Aldermen; TWA Member.

**December 11:** Program: "The Best of Southern Africa: Botswana, Namibia, Zimbabwe and South Africa"; Speaker: Stephanie Sigala, TWA Member.

In March 2018, five members of the Ethical Society (Ann Eggebrecht, Jane House,

Jim Rhodes, Stephanie Sigala, and Maxine Stone) went on a major trip to southern Africa. They did game rides in four countries, staying in rustic lodges and "glamping" . . . plus lots more! Stephanie will give a travelogue of this gorgeous trip.

**December 18:** Winter Party!

**December 25:** No Meeting

## Men's Discussion Group, Tuesday Mornings

Each Tuesday from 10 a.m. until noon the Men's Forum gathers in the Hanke Room: the first hour a formal program is presented, followed by a general meeting. Participants are invited to stay after noon for a brown-bag lunch. All are welcome, whether a member of the Ethical Society

or not. Just bring an open mind and a small cash donation for the hot drinks and doughnuts that are usually available.

**December 4.** 10 a.m., video and discussion on Ulysses S. Grant; Andy Stanton.

**December 11.** 10 a.m., Kate Lovelady and James Croft facilitate discussion on "The good and bad of the holidays."

**December 18.** Holiday Potluck!

**December 25:** No Meeting

## Charitable Giving Using Your IRA

Were you born on or before June 30, 1947? If so and you have a traditional or rollover IRA (not a Roth IRA), there is a tax savings available to you when making charitable donations to the Ethical Society or other places. The new tax law increases the standard deduction to \$12,000 for singles and \$24,000 for couples and will thus eliminate the tax benefit of charitable deductions for many people. If you are age 70½ or

more at the end of the year, you will be required to take a required minimum distribution (RMD) from your IRA holdings, and the amount is considered ordinary taxable income. However, up to \$100,000 of the RMD may be qualified charitable distributions (QCD) and will then not count as income, whether itemizing deductions or not. For example, if an Ethical Society couple wanted to pay their pledge and/or donate over and

above their pledge, they could transfer some of their RMD directly to the Ethical Society or another charity and this portion of their IRA distribution would not be taxable. If the couple transferred \$5,000 of their RMD directly to charities, they could save \$600 or more in taxes. For more information contact Joe Corrigan or Steve Harris.

## "We Think Good," Philosophy Discussion Group—Bioethics Continues

The 2nd Saturday in December, 2–4 p.m., in the Hanke Room, Jason Chen (PhD student in Philosophy at SLU) will lead a workshop on ethical and political philoso-

phy and theory. Each session begins with a presentation, leading into guided discussion. The workshop is designed for newcomers, so don't be shy! The topic for

December 8 is "Euthanasia." You can also keep up with the group on Meetup, <https://www.meetup.com/wethinksgood/>.

## Last TWA "Trash or Treasure" and Bake Sale of the Season, December 9

Thanks to everyone who supported the Tuesday Women's Association sales in October and November. We will hold the final sale of the season on Sunday, December 9 from 9 a.m. to 1 p.m.. As al-

ways we will have delicious homemade baked goods to enjoy with your coffee and our famous homemade jams and bread-and-butter pickles. We have added lots of quality items to the Trash or

Treasure part of the sale. Do your holiday shopping with us. All profits go to support local social causes.

## End Racism News

**End Racism Discussion Group Potluck, Monday, December 17, 7 p.m.** All are invited to join the End Racism Discussion Group in the Hanke Room to brainstorm new discussion topics, reflect on the past year, and grow in community together. Don't hesitate to come late to join the gathering though. Individuals are encouraged to bring finger foods and beverages

to share, as well as ideas, books, or videos for future discussion topics. Contact Samantha White if you have questions ([snwhite2011@gmail.com](mailto:snwhite2011@gmail.com)).

**Black Lives Matter vigil, December 9, noon.** Every second Sunday, Society members and friends gather on Clayton Road to uphold the dignity and worth of

every person and support the movement for black lives. Join us December 9 at noon for fifteen minutes or stay for the full hour. We have signs and scarves to share. All are welcome.

## Make a New Year's Resolution to Try Tai Chi in January

The Tai Chi class in January will take a different approach that will fit beginners as well as more experienced participants. We will practice "The Five Elements," a form taught by ChungLiang "Al" Huang, author of the book *Embrace Tiger, Return to Mountain*. Each class will include de-

tailed instruction on a segment of the form. All classes will also include some Chi Kung and teach Tai Chi basics and principles, such as "Fan Through the Back" or "Cloud Hands." Huang's website is [www.livingtao.org](http://www.livingtao.org). A maximum donation of \$5 per class would be nice and go the

Ethical Society of St. Louis. Classes meet Tuesdays, 5-6:30 p.m., in the Hanke Room. All are welcome; you do not have to be an Ethical Society member to attend. Our first meeting will be on January 8. The teacher is Don Beere: <http://www.donaldbeere.com/taiji.html>.

## Outreach Report

Last month's outreach efforts were focused on two major initiatives, both related to our interfaith work in the city: first, the Society's response to the shooting at Tree of Life synagogue in Pittsburgh; second, my participation in the Cabinet of the Interfaith Partnership of Greater St. Louis. While we have been members of the Cabinet for some time, we have only recently become a more forceful presence,

and I increasingly feel it necessary to develop relationships with representatives from other religious traditions in order to increase understanding and awareness of the Ethical Society. To that end, this month I co-drafted the Partnership's response to the shooting at the Tree of Life Synagogue in Pittsburgh with Shima Rostami, the Cabinet's representative of the Shia Muslim community, and attended the vigil

hosted at the Jewish Community Center. This shows our support for our Jewish neighbors during an extremely difficult time. I also met with numerous members of the Cabinet to develop personal relationships with representatives from other religious traditions, and to teach a little about the Ethical Society and our beliefs. —James Croft

## Upcoming Science Fiction Book Club Meetings, 4th Mondays

Our Science Fiction Book Club meets 4th Mondays, 7-8:30 p.m., in Kate Lovelady's office. All are welcome to any meeting, even if you have not finished the book. You can also find information on the [Ethical Society Science Fiction Book Club on Facebook](#).

**December**—No meeting.

**January 28**—*The Margarets* by Sheri S. Tepper. Host: Mary Ellen Roberts.

**February 25**—*The Long Way to a Small Angry Planet* by Becky Chambers. Host: Kate Lovelady.

## Board Bulletin and Save the Date for a Town Hall January 27

At the November meeting, the Board approved a draft version of a plan to increase revenue, provided feedback about a draft plan regarding a leadership development curriculum, and structured in what ways incoming information from various reports can be processed most effectively.

The Board will hold its Mid-Year Retreat in December, in which Ministry Goals are crafted for the next fiscal year. Charting a path to meet the Ethical Society's Mission and Vision are the responsibilities of the Board, and we take them seriously.

**Join the Board and the Strategic Planning Task Force for a Town Hall after platform on Sunday, January 27**, to hear the initial focus areas for the strategic plan and to provide input and feedback about them.

# Ethical Connection December 2018

---

## Around the Building and a Fond Farewell to Kitt Rogers!



**Spruced Up.** The lower-level window frames facing the playground received some much-needed TLC. Thanks to Ethical Society friend **Terry Allen** for scraping, sanding, and painting the frames. They're ready for another round of winter!

### Book Ban?

Not really; we encourage reading books of all sorts! However, the Ethical Society is

**Free Wheelin'.** The lecterns in the Hanke and Becker Rooms are now easier to move around to your perfect speaking position. Thanks to **Kent Forrest** for attaching wheels to the bottom of each lectern.

**Sit-a-Spell.** The bench dedicated in memory of member **Roland Burke** has been power washed and stained. Roland served on the Board of Trustees and as chair of the Building and Grounds Team until his death in 2009. It's a nice spot to take in the beauty of our building and remember Roland. The bench is located along the east side of the back parking lot. Thanks to **Kent Forrest** for power washing.

no longer accepting book donations for the book sale cart in the Becker Room. The

~  
Last but certainly not least, we are sad to report that **Facility Coordinator Kitt Rogers** will be leaving the Ethical Society in mid-December to tackle new challenges—no doubt with her trademark efficiency, organizational talent, and ability to bring out the best in volunteers and workers. We all wish her the very best. We'll miss you Kitt!

The Society will begin advertising for a new Facility Coordinator shortly. As a reminder, the Society does not hire members for regular staff positions. But we will appreciate help getting the word out.

cart will remain until all the books are sold; buy them up while you can!

## Members, Are You in the Photo Directory?

The Ethical Society online photo directory is available in the Members Area of the web site. Especially as the community grows, it helps to be able to put faces to names. The holiday season is often picture-

taking time. If you don't have a photo in the directory, or if your photo seems very out of date, please share your lovely current faces with us! Send photos for the directory to Nancy Jelinek

([njelinek@ethicalstl.org](mailto:njelinek@ethicalstl.org)). The photo directory requires a personal password to access. If you don't remember how to access the Members Area or the Photo Directory, contact Nancy.

## Science Enthusiasts Club in December—Mars!

The Science Enthusiasts Club is for anyone interested in scientific discoveries and their impact on society. You don't have to be a scientist to be part of the discussion, just to

love science! We meet 3rd Tuesdays at 7 p.m. The topic for **December 18** is "What we've learned about Mars in the last 5 years." For more information, to join the

email list for monthly readings, or to suggest topics, contact Rich Feldenberg, [richard.feldenberg@health.slu.edu](mailto:richard.feldenberg@health.slu.edu).

## Ethical Society Gallery in December and January: Art By Members

The Ethical Society will have an exhibit of the work of some of our talented members from December 16, 2018, through January 20, 2019. Members whose work is included in the show include Dreama Wolff, Judy Lazarus, Claiborne Handle-

man, Toni and Ron Wirts, Bradley Shutes, Steve Harris, Don Beere, Jim Rhodes, and Diana Bose (a member of our Art Gallery Team). The work includes photography, painting, and pottery.

There will be a reception for the artists on Sunday, December 16 at 3 p.m. in the Foyer. This is the same day as Good Cheer, so please come early to talk to our artists and stay for Good Cheer!

## Next Round of Ethicurean Potluck Dinners Coming Up in January

The Ethicurean Dinners are potlucks in members' homes, held four times yearly—on the second weekend of October, January, April, and July.

If you haven't yet signed up and want to participate in the remaining 3 dinners

(January, April, and July), contact Andie Jackson, [andrea.jackson568@gmail.com](mailto:andrea.jackson568@gmail.com), (314) 960-2885. She'll need your name (s), email, phone number, whether you have dogs or cats and/or allergies to same, preferred night if any (Friday, Sat-

urday, or Sunday), impossible nights if any, and also whether you can host one time per year, and for how many (4, 6, 8, or 10 counting yourself). You won't be asked to host for your first dinner. Contact Andie with any other questions.

# Ethical Society of St. Louis December 2018 Calendar

## Sunday, December 2

8 a.m. **Ethical Mindfulness Practice.** Foyer.  
9:45 **Forum:** "For the Sake of All," part 1. Hanke Room. See pg 3.  
9:45 a.m. **Colloquy.** Board Room.  
10 a.m. **SEEK** begins. Becker Room.  
11 a.m. **Platform:** "Nurturing the Human Spirit Abroad"; Kate Lovelady, Leader. Music: Community Singing. Auditorium.

## Monday, December 3

5 p.m. **Yoga.** Hanke Room.  
6:30 p.m. **Laughter Yoga.** RSVP [justgayle@gmail.com](mailto:justgayle@gmail.com). Foyer.  
6 p.m. **Just Write** writers group. Board Room.  
7 p.m. **Photo Ops** photographers group. Hanke Room.

## Tuesday, December 4

9 a.m. **Ethical Mindfulness Practice.** Kate Lovelady's office.  
10 a.m. **Tuesday Women's Association.** See page 4.  
10 a.m. **Men's Forum.** See page 4.  
5 p.m. **Tai Chi.** Hanke Room.

## Wednesday, December 5

5:30 p.m. **Moderation Management.** Hanke Room.  
7 p.m. **"Intelligent Lives"; documentary screening and discussion,** with Micah Fialka-Feldman, featured in the film. Co-sponsored with Missouri TASH and Special School District of St. Louis County. Free. Auditorium.  
7:30 p.m. **Ethical Voices Chorus Rehearsal.** Hanke Room.

## Friday, December 7

6:30 p.m. **Good Eatin' Meatless Potluck and Holiday White Elephant Exchange.** No RSVP necessary. Bring a wrapped whatnot from around the house for the gift swap. Becker Room.

## Saturday, December 8

2 p.m. **We Thinks Good.** "Euthanasia." Hanke Room. See page 4.

## Sunday, December 9

8 a.m. **Ethical Mindfulness Practice.** Foyer.  
9:45 a.m. **Colloquy.** Board Room.  
9:45 **Forum:** "For the Sake of All," part 2. Hanke Room. See pg 3.  
10 a.m. **SEEK** begins. Becker Room.  
11 a.m. **Platform:** "Food for the Humanist Soul"; James Croft, Outreach Director. Music: Member Band. Auditorium.  
Noon. **Black Lives Matter Vigil.** Clayton Road.  
5:30 p.m. **Second Sunday Dinner Theater.** Becker Room.

## Monday, December 10

5 p.m. **Yoga.** Hanke Room.  
6:30 p.m. **Laughter Yoga.** RSVP [justgayle@gmail.com](mailto:justgayle@gmail.com). Foyer.  
6:30 p.m. **Current Events.** Youth Group Room.

## Tuesday, December 11

9 a.m. **Ethical Mindfulness Practice.** Kate Lovelady's office.  
10 a.m. **Tuesday Women's Association.** See page 4.  
10 a.m. **Men's Forum.** See page 4.  
Tai Chi is not meeting this week.  
7:30 p.m. **Great Books Discussion.** Hanke Room. See page 3.

## Wednesday, December 12

7:30 p.m. **Ethical Voices Chorus Rehearsal.** Auditorium.

## Thursday, December 13

7 p.m. **Divorce Support Group.** Kate Lovelady's office.

## Sunday, December 16

No morning programs.  
3 p.m. **Members Exhibit Art Reception.** Foyer. See page 6.  
4:30 p.m. **Good Cheer Evening Begins!** See page 3 for details.

## Monday, December 17

5 p.m. **Yoga.** Hanke Room.  
6:30 p.m. **Laughter Yoga.** RSVP [justgayle@gmail.com](mailto:justgayle@gmail.com). YG Rm.  
7 p.m. **End Racism Discussion Group—Potluck and brainstorming session.** Hanke Room. See pg 5.

## Tuesday, December 18

9 a.m. **Ethical Mindfulness Practice.** Kate Lovelady's office.  
10 a.m. **Tuesday Women's Association.** See page 4.  
10 a.m. **Men's Forum.** See page 4.  
**Tai Chi** is not meeting this week.  
7 p.m. **Science Enthusiasts Club—Mars.** Becker Room. See pg 6.

## Wednesday, December 19

5:30 p.m. **Moderation Management.** Hanke Room.  
Ethical Voices Chorus will not meet tonight.

## Thursday, December 20

Ethical Edge will not meet this month.

## Sunday, December 23 ~ The Ethical Society Is Closed.

## Monday, December 24 ~ The Ethical Society Is Closed.

Yoga will not meet tonight.  
Laughter Yoga will not meet tonight.  
The Science Fiction Book Club will not meet this month.

## Tuesday, December 25 ~ The Ethical Society Is Closed.

## Wednesday, December 26

Ethical Voices Chorus will not meet tonight.

## Sunday, December 30

8 a.m. **Ethical Mindfulness Practice.** Foyer.  
9:45 a.m. **Colloquy.** Board Room.  
9:45 **Forum:** "Exploring Ethical Humanism: Nurture the Human Spirit"; facilitated by Kate Lovelady, Leader. Hanke Room.  
10 a.m. **SEEK** begins. Becker Room.  
11 a.m. **Platform:** "City Faces"; Bob Hansman. Music: Music Videos in Memoriam. Auditorium.

## Monday, December 31 (The Office Will Be Open)

Yoga will not meet tonight.  
Laughter Yoga will not meet tonight.  
International Relations Discussion will not meet this month.

*Happy New Year!*

# Ethical Connection

Ethical Connection (USPS: 497-830) is published monthly by the Ethical Society of St. Louis, 9001 Clayton Rd., St. Louis MO 63117-1003 Tel (314) 991-0955. Kate Lovelady, editor. Subscription: \$20/year. Postmaster: send address changes to Ethical Society of St. Louis, 9001 Clayton Rd., St. Louis MO 63117-1003.

ISSN 2156-244X

DECEMBER 2018

Ethical Connection  
(USPS: 497-830)  
Ethical Society of St. Louis  
9001 Clayton Rd.  
St. Louis, MO 63117

Periodical Postage  
Paid at  
St. Louis, MO

## How to reach us

Leader	Kate Lovelady	(314) 991-0955 x210	<a href="mailto:klovelady@ethicalstl.org">klovelady@ethicalstl.org</a>
Outreach Director	James Croft	(314) 991-0955 x242	<a href="mailto:jcroft@ethicalstl.org">jcroft@ethicalstl.org</a>
Office Admin	Nancy Jelinek	(314) 991-0955 x214	<a href="mailto:njelinek@ethicalstl.org">njelinek@ethicalstl.org</a>
S.E.E.K. Director	Rachel Valenti	(314) 991-0955 x216	<a href="mailto:rvalenti@ethicalstl.org">rvalenti@ethicalstl.org</a>
S.E.E.K. Admin.	Mary Harden	(314) 991-0955 x216	<a href="mailto:mharden@ethicalstl.org">mharden@ethicalstl.org</a>
Facility Coord.	Kitt Rogers	(314) 991-0955 x211	<a href="mailto:kr Rogers@ethicalstl.org">krogers@ethicalstl.org</a>
Music Director	JD Brooks	(314) 991-0955 x218	<a href="mailto:jdbrooks@ethicalstl.org">jdbrooks@ethicalstl.org</a>
Rental Assistant	Debbie Bernett	(314) 991-0955 x213	<a href="mailto:dbernett@ethicalstl.org">dbernett@ethicalstl.org</a>
Social Media Mgr	Louise Jett	(314) 991-0955 x213	<a href="mailto:ljett@ethicalstl.org">ljett@ethicalstl.org</a>
Newsletter	Kate Lovelady		<a href="mailto:klovelady@ethicalstl.org">klovelady@ethicalstl.org</a>
Nursery School	Jill Allen	(314) 991-1353	<a href="mailto:jillallen23@gmail.com">jillallen23@gmail.com</a>
Webmaster	Matthew Hile		<a href="mailto:webmaster@ethicalstl.org">webmaster@ethicalstl.org</a>
Fax & Website		(314) 991-3875	<a href="http://www.ethicalstl.org">www.ethicalstl.org</a>

## BOARD OF TRUSTEES

Krystal White	President
Amanda Verbeck	President-elect
Carole Beere	Past President
Tom Draney	Secretary
Casey Gardonio-Foat	Trustee
Travis Williams	Trustee
Matthew Hile	Trustee

## Ethical Society Officers

Carol Bartell  
Donna Kniest

The submission deadline for the  
**January Connection** is December 15, 2018  
Email items to [klovelady@ethicalstl.org](mailto:klovelady@ethicalstl.org).  
or bring or mail them to Ethical Society of St. Louis; Attn: Connection



**Follow us on Facebook!**

Go to: [Facebook.com/EthicalSTL](https://www.facebook.com/EthicalSTL)