



## ~ JANUARY'S THEME—SUPPORT EACH OTHER THROUGH LIFE ~

### Featured Ethical Action: Save Lives!—Share Your Blood Now, Your Body Later

Thanks to everyone who participated in last month's featured Ethical Action, fundraising for the Uganda Humanist Schools and scholarships for girls. The final total for 2018 will be shared in the January 27 Platform.

This month's Featured Ethical Action is the annual **Ethical Society Blood Drive, Friday, January 4, 2-6 p.m.** in the Becker Room. Start your New Year off with a good deed and save as many as three lives in as little as a half-hour. Reserve your spot now for a whole-blood donation

and share the fortune of your good health. Reserve your appointment with Gayle Rose (314.914.7846; [justgayle@gmail.com](mailto:justgayle@gmail.com)).

Also, this month, if you haven't yet, **register to be an organ donor.** Registering online is the best way to ensure your organs can help others after your death. Go to [www.organdonor.gov](http://www.organdonor.gov) for links to sign up in your state. Take a few minutes and possibly save as many as eight lives.

Finally (ha!), consider adding to the progress of human knowledge and the training of medical professionals by **donating your body to science.** Local medical schools that accept body donation (sometimes there's a fee) include Wash U <http://bodydonorprogram.wustl.edu/> and SLU <https://www.slu.edu/medicine/medical-education/case/gift-body-program.php>. More information on passing on the gift of life is available at <https://health.mo.gov/living/organdonor/pdf/DonorInformationSheet.pdf>

### Sunday, January 6, 11 a.m. Platform

**"Where Do You Go When Things Fall Apart?"; James Croft, Outreach Director**

**Music: Brian Clarke, guitar & Deborah Sharn, voice**



We all need support sometimes. Life doesn't always go to plan, and when things fall apart, we need people we can turn to for help. But it can be difficult to ask for help:

we fear the vulnerability of admitting we need support, or we may not have anyone in our lives we can trust with our weakness. How can we get better at asking for support when we need it, and how can we

build a community that supports each other through life?

**Split Collection:** Half of today's \*undesignated collection will be donated to **Bilingual International Assistant Services**, which works to ensure equal access to healthcare, mental health, and social services for all, regardless of national origin or language ability; [www.bilingualstl.org](http://www.bilingualstl.org). (\*Note: If you pay your membership pledge through the col-

lection, write "pledge" on your check, and it will not be divided.)

**First Sunday Lunch**—Start the year off right! Join the Young Ethicals for First Sunday Lunch on January 6. We will have pizza, vegan/GF options, salad, and dessert. The cost is \$6 for adults and \$3 for kids 12 and under. Money raised will be donated directly to the Ethical Society.

And don't forget to bring a canned good for our ongoing food drive.

### Sunday, January 13, 11 a.m. Platform

**"Dilemmas of Caregiving: What Do We Owe Each Other?"; Kate Lovelady, Leader**

**Performance: Dances of India**

Personal caregiving at home for family and friends used to be the only option for those who need extra assistance or help, whether temporarily or for life. Today

there are professional options for caregiving both for services and housing, yet there are many ethical dilemmas involved in decisions about care: issues of cost and time,

of fairness and priorities, increasingly of balancing multiple caregiving responsibilities. How should we approach such difficult and often heart-wrenching questions?

## Sunday, January 20, 11 a.m. Platform

### “Advancing Health Equity in St. Louis and Beyond”; Jason Purnell

#### Music: Opera Theatre Artists-in-Training

**Jason Purnell** is Associate Professor at the Brown School of Washington University. His research focuses on how socioeconomic and sociocultural factors influence health behaviors and health outcomes and on mobilizing community action to address the social determinants of health. He currently leads Health Equity Works, the new name and expanded mission of the Brown School

initiative previously referred to as For the Sake of All, which the Ethical Society learned about in a two-part Forum last month.

#### Split Collection

Half of today’s \*undesignated collection will be donated to **Interfaith Partnership of Greater St. Louis**, [www.interfaithstl.org](http://www.interfaithstl.org).

(\*Note: If you pay your membership pledge through the collection, write “pledge” on your check, and it will not be divided.)



## Sunday, January 27, 11 a.m. Platform

### “We Are the Ethical Society”; Kate Lovelady, Leader

#### Music: Members Perform

It’s pledge time! Time to kick off the Ethical Society’s annual pledge campaign. This year’s campaign theme, “We Are the Ethical Society,” will highlight and share stories of members and remind us that it is individ-

uals that together create a community and an institution. We will emphasize the humans in Ethical Humanism. Come learn more about this past year’s accomplishments, plans for the future, and how to-

gether we are the Ethical Society. Plus, hear the announcement of the fundraising total for the Uganda Humanist Schools project!

## Being Human Class Begins January 8

Who am I? Why am I here? What’s going on? All of us ask these questions sometime in our lives. Ethical Humanism’s answers are drawn from a rich tradition of thought throughout the ages. Ethical Humanists seek to infuse our lives with a set of values, with-

out looking to a single text or teacher for answers—we create those answers for ourselves. This weekly 8-session class (Tuesdays 6:30-8:30 p.m.) explores the biggest questions in life. Each session includes a short presentation, guided discus-

sion, and a simple “homework” activity. Classes are limited to 15 participants. For information and sign-up, contact James Croft, [jcroft@ethicalstl.org](mailto:jcroft@ethicalstl.org).

## Strategic Planning Task Force Town Hall January 27—Calling All Members!

What priorities should the Ethical Society pursue in the next 5 years? A Strategic Plan has been developed, based on member responses to the recent survey, to guide our path into the future. Everyone’s

voice is needed to ensure that the final plan reflects the intentions of the entire congregation. Bring your voice, and your feedback about the draft plan, to a Town Hall meeting after Platform on January 27,

from 12:30 to 1:30 p.m. in the Becker Room. Lunch will be provided, and the plan will be posted on the Society’s website before the meeting for your review.



### I Am the Ethical Society of Saint Louis Krystal White

How long have you been at the Ethical Society?  
Six years

Why did you join?  
My family joined so that our daughters would have a Sunday School program that wasn’t religiously based. We thought we were joining for them, but it turns out I didn’t realize how much I personally wanted and needed this community until I was a part of it.

What do you value most about the Ethical Society?  
Humanist values and folks putting their ethics into action. This community encourages and motivates me to be a better person.

What groups and activities are you involved in here?  
I am a member of the Board of Trustees, the End Racism team, and the Legacy Committee.

What’s a fun fact about you that most folks don’t know?  
I love to sing along with Beyoncé or Stevie Wonder while cooking dinner. :)

## 9:45 Forum on January 6—Healthcare Reform and the Single-Payer Solution

In this Forum on “Healthcare Reform: What’s Here, What’s Coming, and What’s Missing?” we’ll view the short documentary “Big Pharma: Market Failure” about why drugs cost so much in America. Then Dr. Ed Weisbart will discuss healthcare in America today and advocate for Medicare for All as the best way forward to give all Ameri-

cans quality healthcare in a financially prudent manner. He also will explore many of the myths and facts of US healthcare and explain how America's healthcare compares to other industrialized nations.

**Ed Weisbart**, MD, CPE, FAAFP chairs the Missouri chapter of Physicians for a Na-

tional Health Program, a 30-year-old non-profit of more than 20,000 physicians, medical students, health professionals, and others who support single-payer national health insurance. He is an assistant professor of clinical medicine at Washington University in St Louis.

## 9:45 Forum on January 13—“Our Evolution Story” Series: What Is a Species?

Have you taken some time yet to explore our Evolution Exhibit in the Library off the Becker Room? Join Ethical Society member and science educator **Jim Jordan** in the Hanke Room for another evolution-related 9:45 workshop!

In Charles Darwin’s 1859 seminal book, *On the Origin of Species*, he explained how species could arise by natural selection. In biology, a species is the basic unit of classification and a taxonomic rank, as well as a

unit of biodiversity, but it has proven difficult to find a satisfactory definition. The high-school biological species concept works pretty well for mammals and birds, but there are many exceptions within other vertebrate groups. It falls apart pretty quickly with many other classes of organisms. Has a better species concept been proposed?

We will explore different species constructs, including positives and pitfalls, as

we discover how hard it is for a single species definition to encompass all organisms past and present. Examples will illustrate how perceived different species may be the same, how hybridization occurs between “different” species, and how gene exchange between individuals can result in organismic changes and other variables. Nature is not easily defined and placed within one box, and you may leave with more questions than when you came.

## 9:45 Forum on January 20—Unconscious Bias and Learning to Sit in Discomfort

Join **Tabari Coleman**, Education Director of the Anti-Defamation League, for an important forum on “Understanding Unconscious Bias and Learning to Sit in Discomfort.” For many, learning they have bias isn’t new, but finding the courage to consistently engage in dialogue that exposes

that bias is uncomfortable. This discussion will encourage participants to increase their awareness of unconscious bias and provide strategies to help them lean into discomfort.



## Upcoming Science Fiction Book Club Meetings, 4th Mondays

Our Science Fiction Book Club meets 4th Mondays, 7-8:30 p.m., in Kate Lovelady’s office. All are welcome to any meeting, even if you have not finished the book.

**January 28.** *The Margarets* by Sheri S. Tepper. Host: Mary Ellen Roberts.

**February 25.** *The Long Way to a Small, Angry Planet* by Becky Chambers. Host:

Kate Lovelady.

You can also find information on the [Ethical Society Science Fiction Book Club on Facebook](#).

## Member News

Please welcome our newest member:

**Nora Cahill** is a retired outpatient therapist whose passions are art, sewing, designing, photography, tennis, movies, and music. She is joining to be part of a community with similar interests.

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**Jim Rhodes** had knee surgery on December 21. Cards and emails welcome ([jarhodes@sbcglobal.net](mailto:jarhodes@sbcglobal.net)), and visits after the first of the year.

### Part-time Caregiver Position Open.

**Jim Jordan** is seeking care providers for his son, Aidan, a healthy and happy young man who needs a friend after school, evenings, and weekends. Aidan is non-verbal and requires physical assistance (80 lb.) with daily activities and walking (with braces). He is active and enjoys swimming, walks, playgrounds, exploring and one-on-one interaction. He is significantly mentally delayed but is partially included in school and attends summer camps with his peers.

Aidan is not toilet trained. He does not have any behavioral issues. Care providers are needed for afterschool M-F (3–6 pm), evenings, and weekends. You would be part of a team of care providers and work within your schedule.) \$14.50-15/hr. Aidan’s dad and current care providers will provide training. Our accessible house is centrally located in Maplewood. Contact Jim at 314.781.7982 or [jjordan725@sbcglobal.net](mailto:jjordan725@sbcglobal.net).

## TWA Talk and a Thank You to All

The Tuesday Women's Association (TWA) meets in the Becker Room (except where noted) on Tuesdays from 10 a.m. until after noon, August through June. After the morning programs, all are invited to stay for a brown-bag lunch followed by news of members, roundtables, and/or mah jongg at 12:30 p.m.

**January 1.** No Meeting. Happy New Year!

**January 8. 10:45 a.m. International Relations Lecture Series. "A Specter Haunting Europe: Relative Deprivation and the Resurgence of Far-Right Extremism in Western Democracies"; Dr. Joyce Marie Mushaben, Curators' Professor of Comparative Politics, UMSL.** There are many causes to the resurgent ethno-nationalism across EU states, including the after-effects of the 2008-9 global financial crisis and reactions to the 2015 refugee crisis. Dr. Mushaben will discuss forces driving "white nationalist" groups in the US, underscoring several curious gender twists. Focusing on

Germany as a special case, she will conclude with the ways right-wing extremist currents have been shaped by eastern resentments dating back to misguided unification policies of the 1990s. Coordinator: Sharon Poe; Assistant Coordinator: Julie Triplett. This series is co-sponsored by the American Association of University Women.

**January 15. "Decluttering and Simplifying"; Ann Pluemer, Realtor, Coldwell Banker Premier Group.** Ann specializes in home sales and lifestyle transitions for retirees and seniors, working with a team of experts who touch on every aspect of the process. Her advice on decluttering and downsizing is very timely for many of us at this stage of our lives.

**January 22. "Flamenco Dancing: History, Culture and Performance"; Marisel Salacruz, TWA member and Founder and Artistic Director of the St. Louis Cultural Flamenco Society.** Marisel will offer a historical presentation of Flamenco Dancing in Spain,

with costumes and accessories that are used for regional, classical, and flamenco dances. She will also show a video of some performances. A paella Lunch is included (meat, seafood, and veggie)!

**January 29. "Update on Alzheimer's Disease"; Dr. John Morris, MD, Washington University School of Medicine.** Dr. Morris is an international leader in Alzheimer's disease research seeking to identify Alzheimer's in its earliest stages, prior to the onset of symptoms, so therapies can be initiated to prevent Alzheimer's dementia.

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**Thanks to everyone who supported the Tuesday Women's Association's fall Trash or Treasure & Bake, Jams, and Pickle Sales.** We made a nice profit to contribute to local social causes. We have decided to discontinue the Trash or Treasure Sales. However, we do plan to continue the Bake, Jams, and Pickle Sales next Fall. Thanks again for your support.

## Men's Discussion Group, Tuesday Mornings

Each Tuesday from 10 a.m. until noon the Men's Forum gathers in the Hanke Room: the first hour a formal program is presented, followed by a general meeting. Participants are invited to stay after noon for a brown-bag lunch. All are welcome, whether a member of the Ethical Society or not.

Just bring an open mind and a small cash donation for the hot drinks and doughnuts that are usually available.

**January 8.** George Salamon presents part 2 on College Education.

**January 15.** Fred Stopsky presents on St.

Louis and Southern Illinois Gangsters.

**January 22.** Leaders Kate Lovelady and James Croft lead a discussion on caregiving.

**January 29.** Jim Clark presents on Swedish Iron Ore and Norway in WW II.

## How Can I Say Thank You

Every year Good Cheer seems to magically happen because of the many volunteers who lend a hand. Many of you help more

than once, and some even come to help when they are unable to attend Good Cheer. I appreciate all you do with such

good spirit and enthusiasm.

—Until Next Year,

Your CEO, Donna

## Virtual Travel Club—January 11, Tibet

The next Virtual Travel Club gathering is **Friday, January 11 at 7 p.m.** in the Hanke Room. The presenter is **Maxine Stone** who will be telling us about **"The Flora, Fungi and Beautiful People of Tibet."** She has

beautiful pictures to share. Please join us and bring your friends. We encourage you to bring a snack to share and the beverage of your choice. We will provide plates, cups, and napkins, and we suggest

an optional donation of \$1 to cover the cost. Excess funds are donated to the Ethical Society. If you have questions, contact Carole Beere ([beere1ca@cmich.edu](mailto:beere1ca@cmich.edu)).

## Ethical Edge, January 17—The Ethics of Online Friendship

We live in a social media age, in which the word "friend" has taken on new meanings. How are the ethics of friendship affected by social media? Is it right to remain "friends" with someone who posts objec-

tionable views? Is it right to ask people to "unfriend" you if they don't like what you write online? Are these real friendships, anyway? What responsibilities do we have toward people on social media? Discuss

these questions and more in a friendly, facilitated environment, Thursday, January 17, at 6:30 p.m. at Café Ventana (3919 W. Pine Blvd). Food and drink are available to purchase, so come eat and discuss!

## End Racism News

**End Racism Discussion Group, Monday, January 28, 7 p.m.** Join us in the Hanke Room to discuss the book *So You Want to Talk About Race* by Ijeoma Oluo; discussion led by Kristen Rosen and Krystal White. All are welcome to participate.

**9:45 Forum.** Sunday, January 20: November 11: “Understanding Unconscious Bias and Learning to Sit in Discomfort,” presented by Tabari Coleman, Anti-Defamation League. See page 3 for more information.

**Black Lives Matter Vigil, Sunday, January 13, noon.** Every second Sunday, Soci-

ety members and friends gather on Clayton Road to uphold the dignity and worth of every person and support the movement for black lives. Join us for fifteen minutes or stay for the full hour. We have signs and scarves to share, and please remember to dress for the weather.

## SEEK (Sunday Ethical Education for Kids) News

### Parenting is Hard. Let’s Keep Talking.

Each month, families of kids enrolled in our SEEK program are invited to join rich conversations about navigating parental roles. Through these conversations, we gather new inspiration to take on those roles confidently, ethically, and compassionately, and we build strong relationships with other Ethical Society families.

**January 6 at 10 a.m.,** our First Sundays Parent Talk will welcome **Kristen Rehg** and **Sara Shea of Moms Demand Action for Gun Sense in America.** Every year nearly 300 children gain access to a gun and unintentionally shoot themselves or someone

else, and nearly 500 more die by suicide by gun. Many of these deaths are entirely preventable with responsible gun storage. Please join us to discuss five easy steps that can prevent these kinds of tragedies.

**Second Sundays, 10-10:50 a.m.** Parents are invited to play games while their kids are engaged in SEEK workshops. Because grownups are allowed to play too!

**Third Sundays, 10-10:50 a.m.** Participate in discussions inspired by parenting articles and books, continuing with Dale McGowan’s *Parenting Beyond Belief.*

To suggest a topic or facilitate a Parent

Talk, game, or book talk contact Rachel Valenti ([rvalenti@ethicalstl.org](mailto:rvalenti@ethicalstl.org)) or Laura Hamper ([laura.hamper@gmail.com](mailto:laura.hamper@gmail.com)).

### Nursery & Preschool

Please welcome our newest staff member, **Hannah Stolz.** We think you’ll notice right away how much Hannah adores kids and how prepared she is to calmly, creatively, and lovingly juggle the needs of groups of children. **[Youth to share]**

### Youth Group.

January 6, 10-10:50 a.m., the Youth Group hosts a game day for elementary-aged SEEKers! You won’t want to miss it!

## Youth Group Dinner Dance, February 9—Alice in Wonderland!

The Youth Group is planning a delightful evening of dinner and dancing for all on February 9! Come have fun while helping our Youth Group raise money to attend the annual Youth of Ethical Societies conference. Dinner dance tickets will be available before and after Platform on Sundays, or

reserve a ticket through Youth Group co-advisor Ellen Wright ([ellen3948@gmail.com](mailto:ellen3948@gmail.com)). We hope to see everyone on February 9, but if you’re unable to join us for the fun, we’d be most grateful for any support for the Youth Group you can offer in advance. The event

includes a silent auction; if you are connected to a local business that would be willing to donate a gift card, for example, you could really help us get to our fundraising goal! Be on the lookout for more information about the perks of attending this year’s dinner dance in Wonderland!

## Divorce and Separation Support Group

On the Second Thursday of every month at 7 p.m. in Leader Kate Lovelady’s office, a self-led group of Ethical Society members and friends gathers to provide help, sup-

port, and encouragement to anyone going through the difficult and painful process of divorce and separation. The group is open to all. Contact Rich Feldenberg

([richard.feldenberg@health.slu.edu](mailto:richard.feldenberg@health.slu.edu)) for more information.

## Board Bulletin

Last month the Board held a Staff Appreciation Luncheon for our amazing Ethical Society staff. We are simply in awe of the work they do to make the Ethical Society the vibrant place it is, and we offer deep gratitude to them for their service.

Board task forces are hard at work—finalizing a revenue plan for the Society,

evaluating the Society’s two-leader model, revising the employee handbook, planning the upcoming pledge campaign, and crafting the Society’s Strategic Plan. Join the Board and the Strategic Planning Task Force for a Town Hall after platform on Sunday, January 27, to hear the initial focus areas for the strategic plan and to

provide input and feedback about them.

Finally, the Board held the Mid-Year Retreat and crafted Ministry Goals for 2019–20. Charting a path to meet the Ethical Society’s Mission and Vision are the responsibilities of the Board and we take them seriously. Thank you for trusting in us. It’s a pleasure to serve this community.

## Around the Building

**What's Happening in the West Pond?!** The long empty West Pond is finally getting a makeover! Work to fill the former water feature with a raised-tile deck began in December and was nearing completion as of press time. Thanks to the multi-talented Aesthetics Team for the many hours they spent imagining the possibilities to enhance the space: **Nellie Brown, Laurie Fields, Casey Gardonio-Foat, Diane Heigel, Dan Overmann, Dean & Juliette Smith, Aman-**

**da Verbeck.** Thanks also to local Harris Armstrong scholar Andrew Raimist for offering his thoughts on how the architect might have proceeded with the project.

**Preschool Security.** The door next to the playground is now dedicated for sole use by the Ethical Society Nursery School during our business hours (9:30 a.m. – 3 p.m.) Monday–Friday. If you are visiting or have a meeting in the building during these

hours, please enter and exit through the west main door downstairs (near the elevator.) Thank you!

**Big Shoes to Fill.** The Society is currently working to fill the position of Facility Coordinator. In the interim, facility-related questions and issues should be directed to Kate Lovelady. (I probably won't know the answer, but I'll find out who does!)

## Church Without God: What Is an Ethical Society?—Two Presentations, Two Locations

Ethical Society of St. Louis and Ethical Society Mid Rivers are teaming up to present two public events for visitors, newcomers, friends, and anyone interested to learn about Ethical Societies. How can you have

a congregation without gods or scripture? What do people at Ethical Societies believe? What do our meetings look like? We will answer any questions you have!

\* Sunday, January 27, 3 p.m., at Mid Rivers (<https://www.ethicalsocietymr.org/contact-273461.html> for location);

\* Thursday, January 31, 7 p.m., at Ethical Society St. Louis.

## Warm Hearts, Cold Hands—Thanks to the Ethical Society Highway Clean-Up Team!

BRRRR . . . Ten bags of cold and frozen trash were picked up by Ethical Society volunteers on a brisk 28-degree morning, December 8. Admire the pristine area of

Lindbergh Blvd at Olive Road? Gena Gardiner and her hardy band make our world cleaner and more pleasant four times a year, rain, heat, or cold. Our thanks for

their efforts! If you'd like to find out about joining the team, contact Gena at [gena@gardineronline.org](mailto:gena@gardineronline.org).

## Science Enthusiasts Club in January—Bias in the Scientific Process?

The Science Enthusiasts Club is for anyone interested in scientific discoveries and their impact on society. You don't have to be a scientist to be part of the discussion, just to

love science! We meet 3rd Tuesdays at 7 p.m. in the Hanke Room. The topic for **January 15** is "Bias in the Scientific Process—Should We Trust Scientists?" For more infor-

mation, to join the email list for monthly readings, or to suggest topics, contact Rich Feldenberg, [richard.feldenberg@health.slu.edu](mailto:richard.feldenberg@health.slu.edu).

## Ethical Society Nursery School 50th Anniversary Gala!

Hopefully everyone knows that during the week, the Ethical Society is home to a wonderful play-based early child education program. The Ethical Society Nursery School

is celebrating its 50<sup>th</sup> Anniversary in 2019! All are welcome to attend their Anniversary Gala, Saturday, January 26, 7-9 p.m., for cocktails and hors d'oeuvres, special guests,

memory galleries, and musical entertainment. More event details at <https://www.facebook.com/events/439821479755728/>.

## Ethical Society Gallery, January 27-March 11—Dexter Silvers



**Dexter Silvers** is a well-established professional self-taught artist with an open studio in the Grove neighborhood at 5205 Chouteau Ave. He was born in St. Louis

and inherited his talents from his mother and father. Dexter is known for his unique depictions of photo realism. He paints St. Louis scenes, such as the Arena, Goody Goody Diner, the Balloon Race, Art Hill, Bevo Mill, and St. Louis churches. There is so much precision in his work that you can enjoy spending time being drawn in by all the details.

Dexter has exhibited across the US, been featured on several television news stations, and won awards for his work.

Dexter's Art Studio is a family-owned business that offers original artwork, prints, custom designs, private lessons, and paint parties for all ages in a fun, eclectic, and comfortable environment. For more information, please visit his studio or contact him at 314.824.4827 or [dexter4209@hotmail.com](mailto:dexter4209@hotmail.com). His website is [www.dextersartstudio.com](http://www.dextersartstudio.com).

The exhibit will hang at the Ethical Society January 27–March 11, with a **reception Sunday, January 27, 2–4 p.m.**

# Ethical Society of St. Louis January 2019 Calendar

**Tuesday, January 1 ~ Society Is Closed. Happy New Year!**

**Wednesday, January 2**

5:30 p.m. **Moderation Management.** Hanke Room.

7:30 p.m. **Ethical Chorus Rehearsal.** Hanke Room.

**Friday, January 4**

2 p.m. **Blood Drive.** Becker Room. See page 1.

6:30 p.m. **Good Eatin' Meatless Potluck.** Home of Bob Saigh. Please RSVP to [razorsharpcomm@charter.net](mailto:razorsharpcomm@charter.net).

**Saturday, January 5**

We Think Good philosophy discussion is on break until February.

**Sunday, January 6**

8 a.m. **Ethical Mindfulness Practice.** Foyer.

9:45 a.m. **Colloquy.** Board Room.

9:45 **Forum:** "Healthcare Reform: What's Here, What's Coming, and What's Missing?" Dr. Ed Weisbart. Hanke Room. See page 3.

10 a.m. **SEEK** begins. Becker Room.

10 a.m. **Parent Talk—Gun Safety.** Visitors Open House rm. See pg 5.

11 a.m. **Platform:** "Where Do You Go When Things Fall Apart?"; James Croft. Music: Brian Clarke & Deborah Sharn. Auditorium.

Noon. **First Sunday Lunch,** Young Ethicals. Becker Room.

**Monday, January 7**

5 p.m. **Yoga.** Hanke Room.

6 p.m. **Just Write** writers group. Board Room.

6:30 p.m. **Laughter Yoga.** RSVP [justgayle@gmail.com](mailto:justgayle@gmail.com). Foyer.

Photo Ops is not meeting in January.

**Tuesday, January 8**

9 a.m. **Ethical Mindfulness Practice.** Kate Lovelady's office.

10 a.m. **Tuesday Women's Association.** See page 4.

10 a.m. **Men's Forum.** See page 4.

Tai Chi will resume February 5.

7:30 p.m. **Great Books Discussion.** Stories of Greed: "A Woman of Fifty" by W. Somerset Maugham & "My Wife Is a White Russian" by Rose Tremain. Hanke Room.

**Wednesday, January 9**

7:30 p.m. **Ethical Chorus Rehearsal.** Auditorium.

**Thursday, January 10**

7 p.m. **Divorce Support Group.** Kate Lovelady's office. See pg 5.

**Friday, January 11**

7 p.m. **Virtual Travel Club.** Maxine Stone—Tibet. Hanke Room. See page 4.

**Sunday, January 13**

8 a.m. **Ethical Mindfulness Practice.** Foyer.

9:45 a.m. **Colloquy.** Board Room.

9:45 **Forum:** "What Is a Species?"; Jim Jordan. Hanke Room.

10 a.m. **SEEK** begins. Becker Room.

11 a.m. **Platform:** "Dilemmas of Caregiving"; Kate Lovelady, Leader. Performance: Dances of India. Auditorium.

Noon. **Black Lives Matter Vigil.** Clayton Road. See page 5.

12:15 p.m. **Wellness Presentation** by Gayle Rose. Butterfly Room.

5:30 p.m. **Second Sunday Dinner Theater.** Becker Room.

**Monday, January 14**

5 p.m. **Yoga.** Hanke Room.

6:30 p.m. **Laughter Yoga.** RSVP [justgayle@gmail.com](mailto:justgayle@gmail.com). Foyer.

6:30 p.m. **Current Events.** Youth Group Room.

**Tuesday, January 15**

9 a.m. **Ethical Mindfulness Practice.** Kate Lovelady's office.

10 a.m. **Tuesday Women's Association.** See page 4.

10 a.m. **Men's Forum.** See page 4.

7 p.m. **Science Enthusiasts Club—Bias.** Becker Room. See pg 6.

**Wednesday, January 16**

5:30 p.m. **Moderation Management.** Hanke Room.

7:30 p.m. **Ethical Voices Chorus Rehearsal.** Hanke Room.

**Thursday, January 17**

6:30 p.m. **Ethical Edge—The Ethics of Online Friendship.** Café Ventana, 3919 W. Pine Blvd. See pg 4.

**Sunday, January 20**

8 a.m. **Ethical Mindfulness Practice.** Foyer.

9:45 a.m. **Colloquy.** Board Room.

9:45 **Forum:** "Understanding Unconscious Bias and Learning to Sit in Discomfort"; Tabari Coleman, Education Director of the Anti-Defamation League. Hanke Room. See page 3.

10 a.m. **SEEK** begins. Becker Room.

11 a.m. **Platform:** "Advancing Health Equity in St. Louis and Beyond"; Jason Purnell. Music: Opera Theatre Artists-in-Training. Aud.

**Monday, January 21 ~ Office Closed During the Day**

5 p.m. **Yoga.** Hanke Room.

6:30 p.m. **Laughter Yoga.** RSVP [justgayle@gmail.com](mailto:justgayle@gmail.com). Foyer.

**Tuesday, January 22**

9 a.m. **Ethical Mindfulness Practice.** Kate Lovelady's office.

10 a.m. **Tuesday Women's Association.** See page 4.

10 a.m. **Men's Forum.** See page 4.

**Wednesday, January 23**

7:30 p.m. **Ethical Chorus Rehearsal.** Auditorium.

**Saturday, January 26**

7 p.m. **Ethical Society Nursery School 50th Anniversary Gala.** Around the building. See page 6.

**Sunday, January 27**

8 a.m. **Ethical Mindfulness Practice.** Foyer.

9:45 **Forum:** "Exploring Ethical Humanism: Support Each Other Through Life." Kate Lovelady. Hanke Room.

9:45 a.m. **Colloquy.** Board Room.

10 a.m. **SEEK** begins. Becker Room.

11 a.m. **Platform:** "We Are the Ethical Society"; Kate Lovelady, Leader. Music: Members perform. Auditorium.

12:30 p.m. **Town Hall on the Strategic Plan.** Becker Room. See page 2.

2 p.m. **Reception for Dexter Silvers Exhibit.** Foyer. See page 6.

3 p.m. **What Is an Ethical Society?** James Croft and Jill Aul. Ethical Society Mid Rivers in St. Peters. See page 6 for info and directions.

**Monday, January 28**

5 p.m. **Yoga.** Hanke Room.

6:30 p.m. **Laughter Yoga.** RSVP [justgayle@gmail.com](mailto:justgayle@gmail.com). Foyer.

The International Relations Discussion will not meet this month. .

7 p.m. **End Racism Discussion Group.** Hanke Room. See page 5.

7 p.m. **Sci-Fi Book Club.** Kate Lovelady's office. See page 5.

**Tuesday, January 29**

9 a.m. **Ethical Mindfulness Practice.** Kate Lovelady's office.

10 a.m. **Tuesday Women's Association.** See page 4.

10 a.m. **Men's Forum.** See page 4.

**Wednesday, January 30**

5:30 p.m. **Moderation Management.** Hanke Room.

7:30 p.m. **Ethical Chorus Rehearsal.** Auditorium.

**Thursday, January 31**

7 p.m. **What Is an Ethical Society?** James Croft and Jill Aul. Auditorium. See page 6.

***Save the Date for the annual Pledge Luncheon on Sunday, February 3 after Platform for food, friends, fun, and pledging!***

# Ethical Connection

Ethical Connection (USPS: 497-830) is published monthly by the Ethical Society of St. Louis, 9001 Clayton Rd., St. Louis MO 63117-1003 Tel (314) 991-0955. Kate Lovelady, editor. Subscription: \$20/year. Postmaster: send address changes to Ethical Society of St. Louis, 9001 Clayton Rd., St. Louis MO 63117-1003.

ISSN 2156-244X

JANUARY 2019

Ethical Connection  
(USPS: 497-830)  
Ethical Society of St. Louis  
9001 Clayton Rd.  
St. Louis, MO 63117

Periodical Postage  
Paid at  
St. Louis, MO



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The submission deadline for the  
**February Connection** is January 15, 2019  
Email items to [klovelady@ethicalstl.org](mailto:klovelady@ethicalstl.org).  
or bring or mail them to Ethical Society of St. Louis; Attn: Connection



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