

Education for Living September/ October 2010

Ethical Society of St. Louis • 9001 Clayton Rd. • St. Louis, MO 63117 • (314) 991-0955 • www.ethicalstl.org

GREAT BOOKS READING GROUPS BEGIN NINTH YEAR!

Great Books Series 4: On **second Tuesdays** of each month September, 2010, through May, 2011, *Great Books Series 4* meets, beginning September 14. The Great Books Reading and Discussion Program anthologies include many Western classics - the ones you always "meant" to read. These works are presented in manageable selections specially chosen for their ability to stimulate discussion.



This three-volume series includes 15 reading selections and a Reader's Aid with interpretive questions for each selection. Featured authors include Euripides, Molière, Shaw, St. Augustine, Plato, Montaigne, and Shakespeare and several others. For more information, visit www.greatbooks.org.

Tuition for this class is \$60 for members and \$65 for non-members and includes the text.

Short Story Omnibus: On **third Tuesdays** September, 2010, through May, 2011, the Short Story Group meets, beginning September 21. This year the group is reading selections from the second half of the *Short Story Omnibus* collection. This anthology comes from the Great Books Foundation. The collection breaks ground as a resource for the variety and richness the short-story form has to offer, and features 39 selections in four categories: short-stories, sudden fiction, novellas, and graphic stories.

Featured authors include: Margaret Atwood, John Cheever, Anton Chekhov, Henry James, Herman Melville, Jean-Paul Sartre, and John Updike.

Tuition for the Short Story Group is \$60 for members and \$65 for non-members and includes the text. For those who already have the text, the class is \$30 for members and \$35 for nonmembers.

EXPLORING ETHICAL HUMANISM: A MONTHLY SERIES AT 9:45 FORUM

The fourth Sundays of each month, Education for Living will host a series of talks about Ethical Humanism at our 9:45 Forum. These presentations will help define and explore Ethical Humanism, and Ethical Culture. The topic of the first session, to be held on Sunday, September 26 in the Hanke Room, will be "Ask the Leader" with Kate Lovelady answering questions that are submitted to her the week before. October's topic to be announced.

THE GREAT JAZZ SINGERS

Dennis Owsley has done it again! We are fortunate to have someone like Dennis with a wealth of Jazz history knowledge to share. This will be Dennis's third workshop and it is one you won't want to miss.

In 2006, *Downbeat Magazine* ran a poll of over 150 current jazz singers, asking them what their favorite jazz vocal albums were. From this poll, *Downbeat* compiled a list of "The 30 Greatest Jazz Vocal Albums of All Time." This class will hear music from those albums to study what makes a great jazz vocalist. The vocalists will range from Billie Holiday to Kurt Elling, with several surprising unknowns and omissions.



The workshop will take place three Thursday evenings, October 28, November 4, and November 11 from 7 to 9 p.m. in the Hanke Room. Tuition is \$35 for members and \$40 for non-members.

RESPONSIBLE PUBLIC DEBATE



Responsible Public Debate is a forum to promote healthy public debate on important issues for cultural solidarity.

Are you tired of anonymous hostile confrontation on the internet?
Are you tired of the stagnation of your own group's group think?
Are you tired of shallow talking points from pundits and politicians?
Why do you believe what you do about the important things in life?
Do you think this polarized culture is ready to talk about its problems?
Would you like to have your views seriously heard and not be personally demonized?

Then the Responsible Public Debate forum is probably for you!

This new debate group will meet the first and third Tuesdays each month October 2010 through May 2011, from 7 to 9 p.m. in the Hanke Room. Debates will be held the first Tuesdays and videotaped and posted on YouTube. The debate will be argument-mapped with chart-generating software. The third Tuesday of the month there will be a follow-up group discussion based on the debate video and argument map.

Facilitated by new member Ben Schuldt and others. Free and open to the public. Donations appreciated to help with expenses.

MODERATION MANAGEMENT:

A NON-THEISTIC ALCOHOL SUPPORT GROUP

Moderation Management is a national self-help network for people who have made the healthy decision to address a drinking problem. MM empowers individuals to accept personal responsibility for choosing and maintaining their own recovery path, whether moderation or abstinence.

St. Louis MM Meetings are held at the Ethical Society each Wednesday from 5 to 6 p.m. in the Hanke Room. Meetings are free, confidential, and open to the public.

For more information on Moderation Management, please see their website: www.moderation.org. Facilitated by member Donna Dierker.

ETHICAL HUMANISM: A WORKSHOP FOR VISITORS AND NEW MEMBERS

For those new to the Ethical Society or just curious about it, we recommend you come to this workshop as an introduction to the basics of Ethical Humanism, its history and philosophy. It will also provide an opportunity to meet other like-minded folks. Facilitated by Kate Lovelady.

Together we will explore what has brought each of us to our current values and beliefs, and what we hope for in our futures.

Saturday, September 25, 8:30 a.m. - noon. Hanke Room.

Free, but pre-registration is required (for bagel and coffee count!)

ETHICAL MINDFULNESS MEDITATION

Ethical Mindfulness Meditation is the practice of becoming intentionally aware of what is going on in and around you. It is a powerful tool to deal with stress, promote physical and mental well-being, and awaken the senses to living ethically in the present moment.

This personal development activity is based out of Engaged Buddhist practice as taught by Thich Nhat Hanh and the writings of Felix Adler and other teachers of Ethical Culture.

Our Ethical Mindfulness Meditation group **meets each Sunday morning from 8 to 9:30 a.m. in the foyer** and is facilitated by Randal Blain and Eunice Hiott. This year, they will turn to Jon Kabat-Zinn's classic book, *Wherever You Go, There You Are*, for inspiration. There will be a few copies to buy or borrow, or you can obtain your own paper or e-copy.

Free; donations appreciated.

COMING SOON!

- End-of-life Decision Making, Medical Care and More workshops
- New Book-of-the-Month Club
- CPR training
- Ethical Circles (Starts October; more details in the next Connection.)
- Monthly Ethics in Action Society-wide projects
- Ethicurian Dinners
- Communication workshops
- Sustainable Living workshops

Do you have an idea for a class or workshop or a special interest group? Contact Program Director Kathy Kammiem with your ideas and suggestions at kkammiem@ethicalstl.org or (314) 991-1020, ext. 213.

CURRENT EVENTS SALON

Do today's headlines puzzle or astound you? Do they irritate or inspire? Join a group that meets to hash out these questions and more with other like-minded people.

Second Mondays

Year-round 7:30 p.m.

Free. Hanke Room.

Moderated by **Steve Best**;

(314) 863-2718 for information.



GOOD EATIN': COOKING & LIVING VEGETARIAN & VEGAN



Good Eatin' is a potluck group for vegetarians, vegans, and those who want to explore vegetarian and vegan cuisine. The group meets at **6:30 p.m. on the first Friday of each month** at members' homes to share dinner, recipes, and good times.

If you'd like more information please contact Rob Saigh at (314) 664-5801 or email him at razorsh@swbell.net.

ETHICAL SOCIETY CHORUS

Experience the joy of singing under the direction of our Music Director, **JD Brooks**. Interested? call JD (314) 991-1020, X 218.

**Wednesdays
7 p.m. Foyer.**

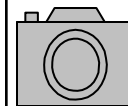


PHOTO OPS

PHOTO OPS is a group of photographers representing all skill levels who have been meeting at the Society on the **third Sunday of every month at 12:30 p.m.** to exchange ideas, experiences and photos. Everyone is welcome. For more information, contact Ed Carty at ed.carty@att.net or (314) 664-2098.



GARDEN CLUB

The Garden Club meets the second Sunday each month at 12:30 p.m. Talks from Master Gardeners and field trips are a few of their activities. For information, contact Marti or Dale Markley at (636) 536-1230 or dale.markley@yahoo.com.